Summary of Benefits and Coverage: What this <u>Plan</u> Covers & What You Pay For Covered Services Highmark Blue Cross Blue Shield: my Priority Blue Flex PPO Bronze 3800

Coverage Period: 01/01/2024 - 12/31/2024

Coverage for: Individual/Family Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.highmarkbcbs.com or call 1-877-986-4571. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthCare.gov/sbc-glossary/</u> or call 1-877-986-4571 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	 \$3,800 individual/\$7,600 family enhanced value <u>network</u>, \$3,800 individual/\$7,600 family standard value <u>network</u>. \$7,600 individual/\$15,200 family out-of-<u>network</u>. All in-<u>network</u> services are credited to both the enhanced and standard value <u>deductibles</u>. 	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Office visits, <u>preventive care services</u> , standard diagnostic services, <u>urgent care</u> , outpatient mental health, outpatient substance abuse, <u>rehabilitation services</u> , <u>habilitation services</u> , pediatric vision services, and pediatric dental exam are covered before you meet your <u>deductible</u> . <u>Copayments</u> and <u>coinsurance</u> amounts don't count toward the <u>network deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at https://www.healthcare.gov/coverage/ <u>preventive</u> -carebenefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	 \$9,200 individual/\$18,400 family enhanced value <u>network</u>, \$9,200 individual/\$18,400 family standard value <u>network</u>. All in-network services credited to both the enhanced and standard value out-of-pocket limits. \$18,400 individual/\$36,800 family out-of-<u>network</u>. 	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out–of–pocket</u> <u>limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.highmarkbcbs.com/find-a-doctor/ or call 1- 877-986-4571 for a list of <u>network providers</u> .	You pay the least if you use a <u>provider</u> in Enhanced <u>Network</u> . You pay more if you use a <u>provider</u> in Standard <u>Network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you
		get services.
Do I need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your overall **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	\$65 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$80 <u>copay</u> /visit <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> .
office or clinic	<u>Specialist</u> visit	\$65 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$80 <u>copay</u> /visit <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	Then check what your <u>plan</u> will pay for.
	Preventive care/screening/immunization	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	Not covered	Please refer to your <u>preventive</u> schedule for additional information.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$65 <u>copay</u> /visit (blood work/lab) \$150 <u>copay</u> /visit (x-ray) <u>Deductible</u> does not apply.	\$95 <u>copay</u> /visit (blood work/lab) \$160 <u>copay</u> /visit (x-ray) <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	<u>Copayments</u> , if any, do not apply to diagnostic services prescribed for the treatment of mental illness or substance abuse. Precertification may be required.
	Imaging (CT/PET scans, MRIs)	50% coinsurance	60% coinsurance	60% <u>coinsurance</u>	

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information	Tier 1	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	Not covered	Up to 31/60/90-day supply retail pharmacy. Up to 90-day supply maintenance <u>prescription drugs</u> through mail order.
about prescription drug coverage is available at https://www.high markbcbs.com/fi	Tier 2	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	Not covered	This <u>plan</u> has an Essential <u>Formulary</u> .
nd-a- doctor/#/drug	Tier 3	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	Not covered	
	Tier 4	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	50% <u>coinsurance</u> per prescription (retail) 50% <u>coinsurance</u> per prescription (mail order)	Not covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$375 <u>copay</u> /visit	\$400 <u>copay</u> /visit	60% coinsurance	Precertification may be required.
surgery	Physician/surgeon fees	\$375 <u>copay</u> /visit	\$400 <u>copay</u> /visit	60% coinsurance	Precertification may be required.
If you need immediate	Emergency room care	50% coinsurance	50% coinsurance	50% coinsurance	All tiers: Subject to enhanced value <u>network deductible</u> .
medical attention	Emergency medical transportation	50% coinsurance	50% coinsurance	50% <u>coinsurance</u>	All tiers: Subject to enhanced value <u>network deductible</u> .

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	<u>Urgent care</u>	\$100 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$100 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$100 <u>copay</u> /visit <u>Deductible</u> does not apply.	The <u>copayment</u> , if any, does not apply to <u>urgent care</u> services prescribed for the treatment of mental illness or substance abuse.
If you have a hospital stay	Facility fee (e.g., hospital room)	50% coinsurance	60% <u>coinsurance</u>	60% <u>coinsurance</u>	Precertification may be required.
	Physician/surgeon fees	50% coinsurance	60% coinsurance	60% coinsurance	Precertification may be required.
lf you have mental health, behavioral	Outpatient services	\$65 <u>copav</u> /visit <u>Deductible</u> does not apply.	\$65 <u>copay</u> /visit <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	Precertification may be required.
health, or substance abuse services	Inpatient services	50% <u>coinsurance</u>	50% <u>coinsurance</u>	60% <u>coinsurance</u>	Standard value <u>network</u> benefit is subject to enhanced value <u>network</u> <u>deductible</u> . Precertification may be required.
lf you are pregnant	Office visits	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>copayment, coinsurance</u> , or <u>deductible</u>
	Childbirth/delivery professional services	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	may apply. Maternity care may include tests and services described elsewhere in the
	Childbirth/delivery facility services	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	SBC (i.e. ultrasound.) <u>Network</u> : The first visit to determine pregnancy is covered at no charge. Please refer to the Women's Health <u>Preventive</u> Schedule for additional information. Precertification may be required.

			What You Will Pay		
Common Medical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have other special health	<u>Home health care</u>	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	Combined <u>network</u> and out -of- <u>network</u> : 60 visits per benefit period, aggregate with visiting nurse. Precertification may be required.
needs	<u>Rehabilitation services</u>	\$65 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$80 <u>copaγ</u> /visit <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 30 combined physical medicine and occupational therapy visits and 30 speech therapy visits per benefit period. Limit does not apply to services for the treatment of a mental health or substance use disorder diagnosis. The <u>copayment</u> , if any, does not apply to therapy services prescribed for the treatment of mental illness or substance abuse. Precertification may be required.
	Habilitation services	\$65 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$80 <u>copay</u> /visit <u>Deductible</u> does not apply.	60% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 30 combined physical medicine and occupational therapy visits and 30 speech therapy visits per benefit period. Limit does not apply to services for the treatment of a mental health or substance use disorder diagnosis. The <u>copayment</u> , if any, does not apply to therapy services prescribed for the treatment of mental illness or substance abuse. Precertification may be required.
	Skilled nursing care	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	Combined <u>network</u> and out -of- <u>network</u> : 120 days per benefit period. Precertification may be required.
	Durable medical equipment	50% coinsurance	60% coinsurance	60% coinsurance	Precertification may be required.

			What You Will Pay		
Common dical Event	Services You May Need	Enhanced <u>Network</u> <u>Provider</u> (You will pay the least)	Standard <u>Network</u> <u>Provider</u>	<u>Out-of-Network</u> <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Hospice services	50% <u>coinsurance</u>	60% <u>coinsurance</u>	60% <u>coinsurance</u>	Combined <u>network</u> and out -of- <u>network</u> : Respite care limit of 7 days every 6 months. Precertification may be required.
ur child Is dental or care	Children's eye exam	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	Not covered	Combined enhanced and standard value <u>network</u> : One eye exam per 12 month period up to age 19.
	Children's glasses	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	Not covered	Combined enhanced and standard value <u>network</u> : One pair frames/lenses every 12 months.
	Children's dental check-up	No charge <u>Deductible</u> does not apply.	No charge <u>Deductible</u> does not apply.	Not covered	Combined enhanced and standard value network: One exam every 6 months.

Excluded Services & Other Covered Services:

 Abortion, except where a pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the life of the woman in danger unless an abortion is performed. Acupuncture Acupuncture Bariatric surgery Bariatric surgery Non-emergency care when traveling outside the U.S. Private-duty nursing Routine eye care (Adult) Hearing aids Routine foot care Weight loss programs 	Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
life of the woman in danger unless an abortion is performed. • Dental care (Adult) • Routine eye care (Adult) • Hearing aids • Routine foot care	result of rape or incest, or for a pregnancy	Bariatric surgery				
abortion is performed. • Dental care (Adult) • Routine eye care (Adult) • Hearing aids • Routine foot care		Cosmetic surgery	 Private-duty nursing 			
··· · · · · · · · · · · · · · · · · ·	0	Dental care (Adult)	Routine eye care (Adult)			
Acupuncture Long-term care Weight loss programs		Hearing aids	Routine foot care			
	Acupuncture	Long-term care	 Weight loss programs 			

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

• Chiropractic care

Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or at https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other options to continue coverage are available to you too, including buying individual insurance coverage through the Health Care.gov or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the <u>explanation of benefits</u> you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Highmark, Inc. at 1-877-986-4571.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Pennsylvania Department of Consumer Services at 1-877-881-6388.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

———To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$5,600

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)				
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>copayment</u> Hospital (facility) coinsurance 	\$3,800 \$65 50%			

Hospital (facility) <u>coinsurance</u>
 Other <u>coinsurance</u>

This EXAMPLE event includes services like:

50%

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

Total Example Cost	\$12,700			
In this example, Peg would pay	<i>'</i> :			
<u>Cost Sharing</u>				
<u>Deductibles</u>	\$3,800			
Copayments	\$900			
Coinsurance	\$3,600			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$8,360			

Managing Joe's type 2 Diabetes (a year of routine in-<u>network</u> care of a wellcontrolled condition)

The plan's overall deductible	\$3,800
Specialist copayment	\$65
Hospital (facility) coinsurance	50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost

In this example, Joe would pay:

Cost Sharing				
Deductibles \$3,80				
<u>Copayments</u>	\$700			
Coinsurance	\$200			
What isn't covered				
Limits or exclusions \$2				
The total Joe would pay is	\$4,720			

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$3,800
Specialist copayment	\$65
Hospital (facility) coinsurance	50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$2,000	
<u>Copayments</u>	\$600	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,600	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Insurance or benefit administration may be provided by Highmark Blue Cross Blue Shield, First Priority Life Insurance Company or First Priority Health, all of which are independent licensees of the Blue Cross and Blue Shield Association.

To find more information about Highmark's benefits and operating procedures, such as accessing the drug <u>formulary</u> or using <u>network providers</u>, please go to DiscoverHighmark.com; or for a paper copy, call 1-855-873-4106.

Discrimination is Against the Law

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex assigned at birth, gender identity or recorded gender. Furthermore, the Plan will not deny or limit coverage to any health service based on the fact that an individual's sex assigned at birth, gender identity, or recorded gender is different from the one to which such health service is ordinarily available. The Plan will not deny or limit coverage for a specific health service related to gender transition if such denial or limitation results in discriminating against a transgender individual. The Plan:

• Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
- Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. If you speak English, language assistance services, free of charge, are available to you. Call 1-800-876-7639.

Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-800-876-7639.

如果您说中文,可向您提供免费语言协助服务。請致電 1-800-876-7639.

Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số 1-800-876-7639. 한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. 1-800-876-7639 로 전화.

Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tumawag sa 1-800-876-7639.

Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Звоните 1-800-876-7639.

إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل على الرقم 7639-876-1.

Si se Kreyòl Ayisyen ou pale, gen sèvis entèprèt, gratis-ticheri, ki la pou ede w. Rele nan 1-800-876-7639.

Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-800-876-7639.

Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń 1-800-876-7639.

Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-800-876-7639.

Se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-800-876-7639.

Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie 1-800-876-7639.

日本語が母国語の方は言語アシスタンス・ サービスを無料でご利用いただけます。 1-800-876-7639 を呼び出します。

اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان رایگان با تماس با شماره 7639-876-1-800 .