The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.myhighmark.com or call 1-888-601-2109. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthCare.gov/sbc-glossary/</u> or call 1-888-601-2109 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$5,000 individual/\$10,000 family <u>network</u> . \$10,000 individual/\$20,000 family out-of- <u>network</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Office visits, <u>preventive care services</u> , <u>urgent</u> <u>care</u> , <u>rehabilitation services</u> , <u>habilitation services</u> , outpatient mental health, outpatient substance abuse, pediatric vision services, pediatric dental exam, and <u>prescription drug</u> benefits are covered before you meet your <u>deductible</u> . <u>Copayments</u> and <u>coinsurance</u> amounts don't count toward the <u>network deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/ <u>preventive</u> -care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$8,000 individual/\$16,000 family <u>network</u> . \$16,000 individual/\$32,000 family out-of- <u>network</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .

A copy of your certificate book can be found at https://shop.highmark.com/sales/#!/sbc-agreements.

Will you pay less if you	Yes. See www.myhighmark.com or call 1-888-601-	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ).
use a <u>network provider</u> ?	2109 for a list of <u>network providers</u> .	Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do I need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your overall **deductible** has been met, if a **deductible** applies.

			What You Will Pa	ay	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	Non-IHCP In- <u>Network</u> <u>Provider</u> (You will pay more)	Non-IHCP <u>Out-of-</u> <u>Network Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	No charge	\$40 <u>copay</u> /visit <u>Deductible</u> does not apply.	50% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay
office or clinic	<u>Specialist</u> visit	No charge	\$80 <u>copay</u> /visit <u>Deductible</u> does not apply.	50% <u>coinsurance</u>	for. Please refer to your <u>preventive</u> schedule for additional information.
	Preventive care/ screening/immunization	No charge	No charge <u>Deductible</u> does not apply.	Not covered	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	40% coinsurance	50% <u>coinsurance</u>	<u>Copayments</u> , if any, do not apply to diagnostic services prescribed for the treatment of mental
	Imaging (CT/PET scans, MRIs)	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	health or substance abuse. Precertification may be required. See Below*

			What You Will Pa	IV	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the Ieast)	Non-IHCP In- <u>Network</u> <u>Provider</u> (You will pay more)	Non-IHCP <u>Out-of-</u> <u>Network Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription	Tier 1	No charge (retail) No charge (mail order) <u>Deductible</u> does not apply.	\$20/\$40/\$60 <u>copay</u> / prescription (retail) \$60 <u>copay</u> / prescription (mail order) <u>Deductible</u> does not apply.	Not covered	Up to 34/60/90-day supply retail pharmacy. Up to 90-day supply maintenance <u>prescription drugs</u> through mail order. <u>Specialty drugs</u> limited to a 34-day supply – retail or mail order.
drug coverage is available at www.myhighmar k.com	Tier 2	No charge (retail) No charge (mail order) <u>Deductible</u> does not apply.	\$40/\$80/\$120 <u>copay</u> / prescription (retail) \$120 <u>copay</u> / prescription (mail order) <u>Deductible</u> does not apply.	Not covered	This <u>plan</u> has an Essential <u>Formulary</u> . <u>Cost-sharing</u> for prescription insulin drugs will not exceed \$35 for a 30-day supply. <u>Cost-sharing</u> for eligible Diabetic Devices will not exceed \$100 for a 30-day supply. See Below*
	Tier 3	No charge (retail) No charge (mail order) <u>Deductible</u> does not apply.	\$80/\$160/\$240 <u>copay</u> /prescription (retail) \$240 <u>copay</u> / prescription (mail order) <u>Deductible</u> does not apply.	Not covered	
	Tier 4	No charge per prescription (retail) No charge per prescription (mail order) <u>Deductible</u> does not apply.	\$350/\$700/\$1,050 <u>copay</u> /prescription (retail) \$1,050 <u>copay</u> / prescription (mail order) <u>Deductible</u> does not apply.	Not covered	

\*Cost sharing waived at non- IHCP with IHCP referral. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance billing).

			What You Will P	av	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	Non-IHCP In- <u>Network</u> <u>Provider</u> (You will pay more)	Non-IHCP <u>Out-of-</u> <u>Network Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	40% coinsurance	50% <u>coinsurance</u>	Precertification may be required. See Below*
	Physician/surgeon fees	No charge	40% coinsurance	50% coinsurance	Precertification may be required. See Below*
If you need immediate	Emergency room care	No charge	40% coinsurance	40% coinsurance	Out-of- <u>network</u> : Subject to non IHCP <u>network</u> <u>deductible</u> . See Below*
medical attention	Emergency medical transportation	No charge	40% coinsurance	40% coinsurance	Out-of- <u>network</u> : Subject to non IHCP <u>network</u> <u>deductible</u> . See Below*
	Urgent care	No charge	\$60 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$60 <u>copay</u> /visit <u>Deductible</u> does not apply.	The <u>copayment</u> , if any, does not apply to <u>urgent care</u> services prescribed for the treatment of mental health or substance abuse. See Below*
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	40% coinsurance	50% coinsurance	Precertification may be required. See Below*
	Physician/surgeon fees	No charge	40% coinsurance	50% coinsurance	Precertification may be required. See Below*
If you have mental health, behavioral	Outpatient services	No charge	\$40 <u>copay</u> /visit <u>Deductible</u> does not apply.	50% <u>coinsurance</u>	Precertification may be required. See Below*
health, or substance abuse services	Inpatient services	No charge	40% coinsurance	50% <u>coinsurance</u>	Precertification may be required. See Below*
lf you are pregnant	Office visits	No charge	40% coinsurance	50% coinsurance	Cost sharing does not apply to certain preventive services.
	Childbirth/delivery professional services	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).

\*Cost sharing waived at non- IHCP with IHCP referral. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance billing).

			What You Will P	ay	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	Non-IHCP In- <u>Network</u> <u>Provider</u> (You will pay more)	Non-IHCP <u>Out-of-</u> <u>Network Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery facility services	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Cost sharing</u> waived at non-IHCP with IHCP <u>referral</u> . If an <u>out-of-network provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance billing</u> ).
If you need help recovering or have other special health	<u>Home health care</u>	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 100 visits per benefit period, aggregate with visiting nurse. Precertification may be required. See Below*
needs	<u>Rehabilitation services</u>	No charge	\$40 <u>copay</u> /visit <u>Deductible</u> does not apply.	50% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 30 physical medicine visits and 30 occupational therapy visits for other than chronic pain per benefit period. Combined <u>network</u> and out-of- <u>network</u> : 20 combined physical medicine, occupational therapy, and spinal manipulation visits per event for chronic pain. <u>Copayment</u> , if any, does not apply to therapy services prescribed for the treatment of mental health or substance abuse. Limit does not apply to services for the treatment of a mental health or substance abuse diagnosis. Precertification may be required. See Below*
	Habilitation services	No charge	\$40 <u>copay</u> /visit <u>Deductible</u> does not apply.	50% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : 30 physical medicine visits and 30 occupational therapy visits for other than chronic pain per benefit period. Combined <u>network</u> and out-of- <u>network</u> : 20 combined physical medicine, occupational therapy, and spinal manipulation visits per event for chronic pain. <u>Copayment</u> , if any, does not apply to therapy services prescribed for the treatment of mental health or substance abuse. Limit does not apply to services for the treatment of a mental health or substance abuse diagnosis. Precertification may be required. See Below*

\*Cost sharing waived at non- IHCP with IHCP referral. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference (balance billing).

			What You Will P	ay	
Common Medical Event	Services You May Need	Indian Health Care <u>Provider</u> (IHCP) (You will pay the least)	Non-IHCP In- <u>Network</u> <u>Provider</u> (You will pay more)	Non-IHCP <u>Out-of-</u> <u>Network Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Skilled nursing care	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	Combined <u>network</u> and out-of- <u>network</u> : Benefits must be recertified every two weeks. Benefits expire when patient cannot present any significant improvement. Precertification may be required. See Below*
	Durable medical equipment	No charge	40% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Cost-sharing</u> for eligible Diabetic Devices will not exceed \$100 for a 30-day supply. Precertification may be required.See Below*
	Hospice services	No charge	40% coinsurance	50% coinsurance	Precertification may be required. See Below*
If your child needs dental or eye care	Children's eye exam	No charge	No charge <u>Deductible</u> does not apply.	Not covered	Combined IHCP and non-IHCP <u>network</u> : One eye exam per 12 month period up to age 19. See Below*
	Children's glasses	No charge	No charge <u>Deductible</u> does not apply.	Not covered	Combined IHCP and non-IHCP <u>network</u> : One pair of frames/lenses or contacts every 12 months for members under the age of 19. See Below*
	Children's dental check- up	No charge	No charge <u>Deductible</u> does not apply.	Not covered	Combined IHCP and non-IHCP <u>network</u> : One exam every 6 months. See Below*

### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Cl	neck your policy or <u>plan</u> document for more informa	ation and a list of any other <u>excluded services</u> .)
Abortion, except where a pregnancy is the	Acupuncture	Long-term care
result of rape or incest, or for a pregnancy which, as certified by a physician, places the	Cosmetic surgery	Routine eye care (Adult)
life of the woman in danger unless an	Dental care (Adult)	Routine foot care
abortion is performed.	Hearing aids	Weight loss programs
Other Covered Services (Limitations may apply to	these services. This isn't a complete list. Please se	e your <u>plan</u> document.)
Bariatric surgery	Infertility treatment	Private-duty nursing
Chiropractic care	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or at <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa">https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other options to continue coverage are available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Care.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Highmark West Virginia Inc. at 1-888-601-2109.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact: West Virginia Offices of the Insurance Commissioner, Consumer Service Division 1124 Smith St, Room 309 Charleston, WV 25301 (888) 879-9842 <u>https://www.wvinsurance.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

————To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$0

0%

0%

0%

\$5,600

Peg is Having a Baby
(9 months of in- <u>network</u> pre-natal care and a
hospital delivery)

\$0 0%

0%

0%

The plan's overall deductible
Specialist coinsurance
Hospital (facility) <u>coinsurance</u>
Other <u>coinsurance</u>

### This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	1
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's type 2 Diabetes
(a year of routine in- <u>network</u> care of a well-
controlled condition)

The <u>plan's</u> overall <u>deductible</u>
Specialist coinsurance
Hospital (facility) <u>coinsurance</u>
Other coinsurance

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

# Total Example Cost

# In this example, Joe would pay:

Deductibles\$0Copayments\$0Coinsurance\$0What isn't coveredLimits or exclusions\$20\$20The total Joe would pay is	<u>Cost Sharing</u>		
Coinsurance\$0What isn't coveredLimits or exclusions\$20	Deductibles	\$0	
What isn't coveredLimits or exclusions\$20	<u>Copayments</u>	\$0	
Limits or exclusions \$20	Coinsurance	\$0	
	What isn't covered		
The total Joe would pay is \$20	Limits or exclusions	\$20	
	The total Joe would pay is	\$20	

## Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist coinsurance</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 0% 0%	
		0%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

#### In this example, Mia would pay:

Cost Sharing		
Deductibles	\$0	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$0	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

To find more information about Highmark's benefits and operating procedures, such as accessing the drug <u>formulary</u> or using <u>network providers</u>, please go to DiscoverHighmark.com; or for a paper copy, call 1-855-873-4110.

#### Discrimination is Against the Law

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Claims Administrator/ Insurer does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. The Claims Administrator/Insurer:

• Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
- Qualified interpreters
- Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Claims Administrator/Insurer has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. If you speak English, language assistance services, free of charge, are available to you. Call 1-877-959-2562.

Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-877-959-2562.

如果您说中文,可向您提供免费语言协助服务。 請致電 1-877-959-2562.

Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số 1-877-959-2562.

한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. 1-877-959-2562 로 전화.

Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tumawag sa 1-877-959-2562.

Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Звоните 1-877-959-2562.

U65\_WV\_G\_P\_1Col\_12pt\_blk\_NL

إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل على الرقم 2562-959-1-1.

Si se Kreyòl Ayisyen ou pale, gen sèvis entèprèt, gratis-ticheri, ki la pou ede w. Rele nan 1-877-959-2562.

Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-877-959-2562.

Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń 1-877-959-2562.

Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-877-959-2562.

Se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-877-959-2562.

Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie 1-877-959-2562.

日本語が母国語の方は言語アシスタンス・ サービスを無料でご利用いただけます。 1-877-959-2562 を呼び出します。

اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان رایگان با تماس با شماره 2562-959-1-1.